

NEW FOREST CARERS FRIENDS

Meetings, Cafés and Activities for Carers in the New Forest - April 2024

Carers Cafes	Day	Venue	Contact
Alderholt	3 rd Wednesday morning	Evangelical Church Hall Alderholt	Lyn Stodart 07776 45749
Fordingbridge Carer Hub	4 th Friday afternoon	Avonway Community Centre Fordingbridge	01425 654426
Horrill Carers Cafe	1 st Tuesday morning	tba	Donna Best
Hythe Huddle (Dementia)	1 st Wednesday afternoon	Cornerstone Hythe URC	Families Matter - Laura Gray 02380 207623
Lyndhurst Café	1 st Thursday afternoon	Lyndhurst Baptist Church Hall	Henry Rosenvinge 07867 505567
Lyndhurst Donut Café	3 rd Friday tba		Henry Rosenvinge 07867 505567
Milford Memory Afternoon	1 st & 3 rd Thursday afternoon	Milford Community Centre	Jan Toomey 01590 644559
Milford Music for a Healthy Mind	3 rd & 4 th Thursday afternoon	Milford Community Centre	Jan Toomey 01590 644559
New Milton Carers	2 nd Monday afternoon	Quaker Hall New Milton	Maggie Salame 01425 614714
Ringwood Café	2 nd Thursday morning	Trinity Centre Ringwood	Roger Gregory 07921 923047
Totton	3 rd Thursday afternoon	Trinity Church Totton	Sue Sapsard 023 8029 2046
Activities			
Brockenhurst Day Care Centre	Every Friday All day	Brockenhurst Village Hall	brockswaydc@hotmail.com
Gore Grange Day Care Centre	Mon, Wed, Thurs	New Milton	Sarah Jacobs 07842 306028
Horrill Day Care Centre	Mon to Fri	Horrill Centre, Dibden	Donna Best 07842 306029
Mobile Activity Provider	Mon to Fri	Ashurst, Brockenhurst, Cadnam, Lyndhurst, Sway, Totton	Nancy Hall de Vuyst 07721 603819
MUM - Music Unlocking Memory	1 st Thursday morning	Trinity Centre, Christchurch Road, Ringwood BH 24 1DH	Mercy Turner 07920 506343
New Forest Carers Friends	variable	Relaxation Days, Outings	Mercy Turner 07920 506343

Carers Together/New Forest Carers Friends

will be available for carer support, information and activities, as and when requested.

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