

The Oakhaven Walk 2026

Saturday 16th May

Route map

From Barton on Sea to Oakhaven



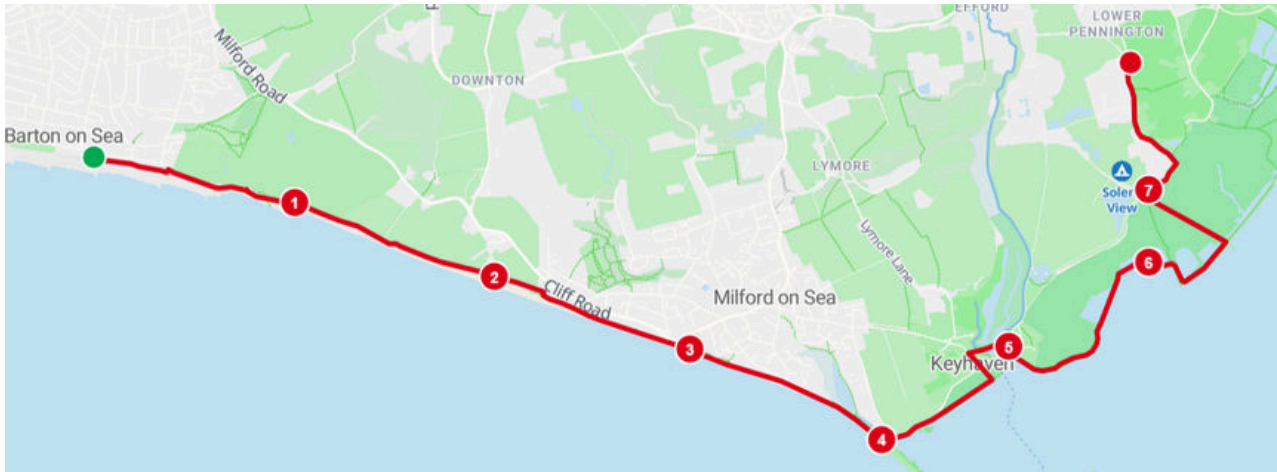
Thank you for helping us make every moment matter



Charity Registration No.
900215 (England & Wales)



Barton on Sea to Oakhaven Hospice



Please be aware: various parts of the cliff have suffered erosion, and there are sections that have been cordoned off. Please make sure you walk in a single file around these areas and stick within the parameters of any fences/border markers.

- Leave the checkpoint and continue along the cliff top and through the car park.
- The coastal path will lead you along the back of the Barton on Sea Golf Course, which will be on your left as you head towards Milford-on-Sea.
- Continue walking along the cliff top with the sea on your right until you pass 'The Lighthouse' restaurant at the edge of Sturt Pond. You can either walk along the lower path or along the spit until the second bridge that crosses the water.
- Cross the bridge and follow Saltgrass Lane next to the marshes. Just after the flood barrier, there is a path to your right. Take this and follow until you reach Keyhaven Yacht Club.
- **Make sure you stop at Keyhaven Yacht Club! Their team has kindly offered to put out some refreshments for all walkers.**
- As you exit the path, cross the entrance to the slipway and rejoin the path in front of the Club. Continue with the wall to your right, follow the wall around the moorings, past the parking areas and then turn right through the gate and onto the Solent Way path (known locally as the 'sea wall').
- Stay on the path with the sea on your right, until you come to the groyne with the concrete square and yellow cross at the end. Here, turn left (the second turning off the wall). Follow the path to the gate and turn right along the single track lane past Hurst View campsite. **Please be mindful of traffic along the lane, as there are a lot of blind corners.**
- Walk up Lower Pennington Lane to Oakhaven, go into the 2nd entrance (not the Inpatient Unit entrance), walk up the drive and veer right towards the main entrance of Oakhaven Hospice, where you'll find the FINISH LINE!

Congratulations! You have finished The Oakhaven Walk.